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## Lived Experience video transcript: Libby

### Transcript

Hi I'm Libby, I'm a member of the Lived Experience Advisory Council. I have lived experience of image based abuse as a teen and I work now in the consent and respectful relationships space as a trainer working with both adults and young people.

For me, joining the Lived Experience Advisory Council was about translating my lived experience into advocacy work within the community.

When I think about trauma and lived experience and storytelling like we don't owe anyone anything with our story but having the opportunity to do something with that is really important to me and making sure that other young people don't go through what I've experienced.

I'm really proud of the work that we've started to do with the Children and Young People Specialist Working Group within the Lived Experience Council. For me it's allowed me to combine both my professional experience working with young people and the adults that support them and then also my lived experience as a young person and what change I would like to see.

It allows me to feed back from my communities that I work with directly and embed lived experience and also professional experience so it's a nice combination of everything and then also moving forward to be able to have some outputs from that so that the community broader community can see what do children and young people need them to do in order to create change.

From the work that I do with the young people and the adults that support them, I'm hearing a lot of young people really want conversations around consent, respectful relationships, preventing domestic family and sexual violence and doing that in a way that is youth led, that is centring their voices and amplifying their voices and often they've got the solutions as well.

[End transcript]