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## Lived Experience video transcript: Vinnie

### Transcript

My name is Vinnie and I am one of the members of the Lived Experience Advisory Council. I am also a program manager in The Children and Young People's Rights Program at West Justice. I decided to join the Lived Experience Advisory Council because in my day to day work it was sometimes disheartening to see the systemic issues that our children and young people are facing particularly in the context of domestic family and sexual violence.

So being on a council like this is an opportunity for me to raise issues around systems that affected me with my own lived experience but also importantly for the children and young people that I represent.

What I would love for people to understand better or more about people with lived experience is that we are so incredibly unique. Our outlook on what needs to change is incredibly unique there is never one solution to this insidious issue of domestic family sexual violence.

What keeps me going when things get tough is really really reflecting on the very small wins because in this space sometimes that's all you're given and that is still really important for us as Lived Experience members to celebrate those small wins.

[End transcript]